

THE CLEEVE PARK CALLER



Year
12

Issue 3

May 21st 2020

HOY Welcome- Mr Luck/Mrs Osman

Welcome back to the third edition of the school Newsletter.

We hope you are well and visiting your Ruler account often to make the most of the careers and personal statement resources on there for you.

Please remember if you are struggling to access work to email your subject teachers, but it is important to keep revising the material provided to ensure you retain all the knowledge you gained before lockdown began.

You should also have received a letter regarding the phased re-opening of school to Year 12 on Mon 8th June. It is important to keep checking your emails for updates regarding the procedures that outlines how this will work to ensure staff and student safety.

Just a reminder that when we come back to school we will be starting to look at your next steps, for those of you who are looking at university this includes writing a personal statement!! Be sure to check out page 3 to get some top tips on this.

In the meantime, stay safe!

Mr Luck & Mrs Osman



Over the next fortnight I have a physical challenge for you, since the relaxing of the lockdown rules means you can now exercise outside more than once a day. My challenge for you is to get outside for a minimum of 1 hour per day, doing some form of exercise (walking, running, cycling)

Why: Physical exercise triggers the release of positive hormones, which make you feel better, Sunlight is a source of vitamin D - which is needed to keep bones, muscles and teeth healthy, so it is essential for the body to remain healthy and stay safe.



We just had to share the amazing wood-work **Clark Fuller in Year 8** has completed at home since the lockdown began.



All the staff are so impressed with his carpentry skills!

BEHIND THE HEADLINES

Partial Re-opening of Schools

Currently there are Government plans for schools to provide face to face tutorials for students in year 10 and 12 from 1st June if medical professionals deem it safe on 28th May.

The planning for this is underway and parents in those years groups have been notified.

Unfortunately there are no plans for years 7-9 to return at this time. We will keep you all updated should anything change as changes are happening regularly.

We would like to remind you that next week is half term and we are not expecting you to complete school work over this week. Have a good rest!



REMEMBER: All your teachers are available to support and help you with your work– Useful school email addresses:

Ms Keeler:

keelerc@clevepark-tkat.org

(Head of English)

Mrs Awofeso:

awofeso@clevepark-tkat.org

Mr Singh:

Head of Science

singhl@clevepark-tkat.org

General enquiries:

enquiries@clevepark-tkat.org



School is open every day of the week. If **YOU** have any worries or you are concerned about a friend, **PLEASE EMAIL:** tellit@clevepark-tkat.org

Your Safeguarding Team are in School Every day:

Monday -	Mrs Harmer
Tuesday -	Mrs Lawrence
Wednesday -	Mr Moloney
Thursday -	Mrs Rodgers
Friday -	Mrs Mayzes

Wellbeing

Discovering Kindness



As we enter our ninth week of lock down, it is important to remember that those currently self-isolating could be feeling lonely. Simple acts of kindness could make a big difference. Perhaps you could think of five kind acts you could do over the next few weeks to help people who are struggling with all the changes?

Perhaps you could teach a relative a new skill, cook a meal for the family or help with some jobs around the house? Remember by staying at home as much as possible you are all helping save lives - this could be one of your kind acts. Other

acts of kindness could involve letting someone go ahead of you in a queue, or giving friends compliments of social media. Being there for a friend, or taking time to check in and call someone is also a great act of kindness.

Remember, that although this situation is temporary, kindness and kind acts are always needed.



Did you know, it's Mental Health Awareness Week? 18th - 24th May

kooth
Your online mental wellbeing community

Mental Health Awareness Week 2020
18th May - 24th May

- Discussion Boards
- Kooth Magazine & Help Articles
- Free Counselling
- Journal & Self-Help Tools

Sign up for free at [Kooth.com](https://www.kooth.com)

Hello!

Goodbye!

This term we say 'Goodbye' to the following staff:

- Ms Higgins (English)
- Ms Boxall (maternity) (Technology)

We wish them both well.

"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

Michael Jordan



If you have Netflix, I really recommend watching the series about Michael Jordan, his attitude and his mentality, it really does show why he was a success and is really motivational.

How to Write a Personal Statement

The personal statement is an important part of your UCAS application. It's your chance to describe your ambitions, skills, and experience to university and college admissions staff.

A personal statement supports your application to study at a university or college. It's a chance for you to articulate why you'd like to study a particular course or subject, and show your passion for your chosen field.

What to write about?

You.

You're telling admissions staff why you're suitable to study at their university or college.

It's important to remember you can only write one personal statement – it's the same for each course you apply for. So, avoid mentioning any universities or colleges by name.

If you've chosen similar subjects, talk about the subject in general, and try not to mention course titles. If you've chosen a variety of subjects, just write about common themes, like problem solving or creativity.

Here are some ideas to help you get started:

Look at course descriptions and identify the qualities, skills, and experience it requires – you can use these to help you decide what to write about.

Tell the reader why you're applying – include your ambitions, as well as what interests you about the subject, the course provider, and

higher education.

Think about what makes you suitable – this could be relevant experience, skills, or achievements you've gained from education, work, or other activities.

Include any clubs or societies you belong to – sporting, creative, or musical.

Mention any relevant employment experience or volunteering you've done, such as vInspired Awards, Step Together, or Project Trust.

If you've developed skills through Duke of Edinburgh, ASDAN, National Citizen Service, the Crest Awards scheme, or young enterprise, tell them.

Visit RULER for resources to help you plan for writing your statement. Make sure your structure is around three main areas:

Paragraph 1:- This is where you talk about the course -- why do you want to study this course? Avoid clichés, this puts people off -- but be honest talk about the reasons you are interested in the course.

Paragraph 2:- This is about your achievements and things you have done and skills you can offer that link to the course

Paragraph 3:- This is about you!!! A chance to sell yourself as the unique person that you are -- what are you interested in?

If you need any help or would like us to read and check your statements, please email us.

