

# THE CLEEVE PARK CALLER



Year  
7

Issue 2

May 7th 2020



## HOY Welcome– Mr Southby

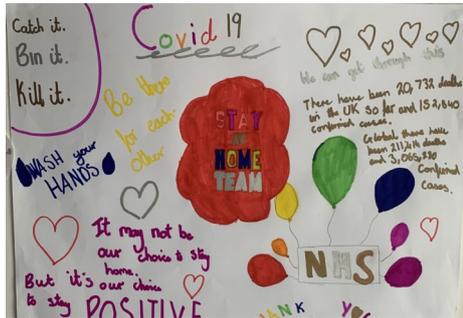
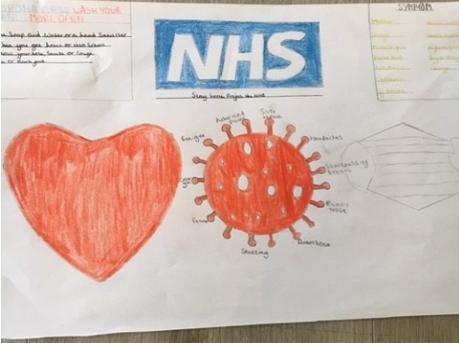
Welcome back to the second edition of our school Newsletter.

I hope you have had a productive couple of weeks, working hard and helping out around the house. All class teachers and Form Tutors are making contact with students, so you may receive a telephone call if you have not yet logged on to RULER. If you are still having difficulty, please email your teachers directly and they can help you.

Since my last newsletter, I have had many posters for the NHS. Although it was a tough choice, I am pleased to announce that the winner of first edition challenge is: Dylan Walsham. Thank you to everyone that sent me their posters for our Challenge.

In this edition, you can read all about the other ways we have been supporting the NHS and remembering VE day.

**Stay at home– Protect the NHS- Save lives, Mr Southby**



# BEHIND THE HEADLINES

## SCHOOL CLOSURES

Foreign Secretary Dominic Raab has confirmed that schools will not reopen all at once, as this would lead to a “very real risk” of a second rise in coronavirus infections. Paul Whiteman, general secretary of the National Association of Head Teachers, has said: "There will be huge practical difficulties to solve (for schools re-opening), for example the much-reduced workforce available due to illness and shielding, and the difficulty of achieving social distancing in schools, especially amongst the very young and on the school gate”.

Some schools are considering class sizes as staff prepare to mark out two-metre lines in classrooms to keep students apart. Classes will need to be split, using multiple rooms instead of one so the maximum capacity will be half a school. Other schools are looking at staggered start and end times. It may also be necessary to plan to have split days where year groups arrive in the morning and the other half will come in the afternoon.

As soon as we have more information about the re-opening of schools, parents will be notified of our plans. Please be reassured that the safety of students and staff are always our priority.



For this fortnight’s challenge, we want you to join Joe Wickes in his morning workout sessions at 9am.

Go to: YOUTUBE and type in ‘PE with Joe Wickes’ and be sure to take a selfie and send it in to me.



Don’t forget– we always want to see the things you are doing or making– send a photo to: southbyd@cleevepark-tkat.org



My shout-outs this week go to:  
Grace Tonsley, Robyn Cobb, Logan Crilly, Harrison Milne and Corey Wilkes. I have been absolutely amazed with your effort and continued hard work.



**REMEMBER: All your teachers are available to support and help you with your work– Useful school email addresses:**

**Ms Keeler:**

keelerc@clevepark-tkat.org

(Head of English)

**Mrs Awofeso:**

awofeso@clevepark-tkat.org

**Mr Singh:**

Head of Science

singhl@clevepark-tkat.org

**General enquiries:**

enquiries@clevepark-tkat.org



School is open every day of the week. If **YOU** have any worries or you are concerned about a friend, **PLEASE EMAIL: tellit@clevepark-**

**Your Safeguarding Team are in School Every day:**

Monday - Mrs Harmer  
Tuesday - Mrs Lawrence  
Wednesday - Mr Moloney  
Thursday - Mrs Rodgers  
Friday - Mrs Mayzes

# Wellbeing

Now, more than ever, we need to make sure we are using our daily exercise time to go for a walk, run or cycle ride. Even a 10 minute stroll can really help. Don't forget though, you must still practice social distancing! If getting out of the house is tricky, then why not put on some music and dance around your bedroom, join an online class or do some stretching while you are watching TV? Exercise makes you feel good so it is important to think of ways you can still do it. For more ideas about staying active while staying safe, check out the link below: <https://www.mind.org.uk/about-us/our-policy-work/sport-physical-activity-and-mental-health/>



**Physical contact** and expressing feelings of love and affection can lower stress levels. Giving yourself a **hug** sends a message to the brain that **'we are safe'** and **'we will be fine'**. By closing your eyes while giving yourself a hug and telling yourself **'it's going to be ok,'** can enable you to feel better and enhance your calm and wellbeing. <https://wellbeinginfo.org/self-help/health/relaxation>

**NEVER ALONE**

- NSPCC: 0808 800 5000 (24hrs)
- National Domestic Abuse Helpline: 0808 2000 247 (24hrs free)
- Mind: 0300 123 3393 (Mon-Fri 9-6)
- Victim Support: 0808 168 9111 (24hrs)
- Cruse Bereavement: 0800 808 1677 (Mon-Fri 9-5)
- ChildLine: 0800 1111 (24hrs)
- Action on Elder Abuse: 0808 808 8141 (Mon-Fri 9-5)
- Respect - Men's Advice Line: 0808 801 0327 (Mon-Fri 9-5 or 8pm)
- Samaritans: 116 123 (24hrs free)
- National Centre for Domestic Violence: 0207 186 8270



This term we say 'Good Luck and Goodbye' to the following staff:

- Ms Walker (English)
- Ms Milbank (Technology)

We are sure you'll join us in wishing them every success for the future

Please also join me in giving a warm welcome to the following staff who join us at Cleeve Park School this term:

- Ms Delia– Savage (Science Technician)
- Ms Flashman (SEN)
- Mr Amechi (SEN)
- Mr Mayell (Photography)
- Mr Smith (Site)



Over the last few weeks, I have been keeping busy and working alongside a team of teachers and support staff from both Cleeve Park and Cleeve Meadow School to produce some PPE (scrubs) for our local NHS frontline workers.

As you can see, there is a lot of design work that goes in to making a set of scrubs. You have to start by printing the pattern, cutting out and then stitching it all together. It takes a lot of time and different making stages.

Since writing this for the newsletter, the team have created 15 pairs of scrubs (and we are still going!)

Ms Hill has also made 25 visors that are all ready to go. to the Bexley District Nurse Team.



**VE DAY**  
75<sup>TH</sup> ANNIVERSARY  
A SHARED MOMENT OF CELEBRATION  
8 - 10 MAY 2020

VE Day - or 'Victory in Europe Day' - marks the day towards the end of World War Two (WW2) when fighting against Nazi Germany in Europe came to an end on 8 May 1945, Prime Minister Winston Churchill made an announcement on the radio at 3pm that the war in Europe had come to an end, following Germany's surrender the day before.

As this year will be the 75th anniversary, the decision was made to have a bank holiday specially to honour the 75th anniversary of VE Day.

Last week, the some of our students whose parents are key-workers, researched VE Day and created a display from their work.

