

# THE CLEEVE PARK CALLER



Year  
13

Issue 2

May 7th 2020

## HOY Welcome– Mr. Luck/ Ms. Osman

*Welcome back to the second edition of our school Newsletter.*

Hope you are all keeping safe and well?

Many of you are probably at a point where you just don't know what to do with all the time that you now have. Some of you have begun to work more hours at local supermarkets and various other places, and whilst this is great as it keeps you busy, I do hope you are keeping yourselves safe with the social distancing rules.

You will find that you are no longer being sent any work from your teachers, and as you would have heard, this is because you no longer required to complete school work. Instead, the school are required to calculate a final grade for you based around a predicted and current grade (whilst taking into consideration the loss of learning hours). I urge you not to stress over this, as the calculations will be fair and will not disadvantage anyone. The Universities have also been asked to stop making offers until the end of May so do not worry if you do not hear from them either until then.

In the meantime, we have uploaded some brilliant Careers resources for you onto Ruler to get you thinking about employability skills!

Stay Safe,

Mr Luck & Mrs Osman



This week's challenge is to go for a 20 minute run or walk 5 days a week!

We have also set ourselves this challenge so would like to see the distances you're completing in this time frame!

**SUBMIT  
YOUR  
WORK  
HERE**

Please email us in any pictures of any fun activities you have been doing at home, any projects or accomplishments.

Maybe you have decorated a room in your house? Send us a picture as we would love to start sharing these via the newsletter!

osmanz@cleevepark-tkat.org

luckj@cleevepark-tkat.org

## BEHIND THE HEADLINES

### SCHOOL CLOSURES

Foreign Secretary Dominic Raab has confirmed that schools will not reopen all at once, as this would lead to a "very real risk" of a second rise in coronavirus infections. Paul Whiteman, general secretary of the National Association of Head Teachers, has said: "There will be huge practical difficulties to solve (for schools re-opening), for example the much-reduced workforce available due to illness and shielding, and the difficulty of achieving social distancing in schools, especially amongst the very young and on the school gate".

Some schools are considering class sizes as staff prepare to mark out two-metre lines in classrooms to keep students apart. Classes will need to be split, using multiple rooms instead of one so the maximum capacity will be half a school. Other schools are looking at staggered start and end times. It may also be necessary to plan to have split days where year groups arrive in the morning and the other half will come in the afternoon.

As soon as we have more information about the re-opening of schools, parents will be notified of our plans. Please be reassured that the safety of students and staff are always our priority.



**REMEMBER: All your teachers are available to support and help you with your work– Useful school email addresses:**

**Ms Keeler:**

keelerc@clevepark-tkat.org

(Head of English)

**Mrs Awofeso:**

awofeso@clevepark-tkat.org

**Mr Singh:**

Head of Science

singhl@clevepark-tkat.org

**General enquiries:**

enquiries@clevepark-tkat.org



School is open every day of the week. If **YOU** have any worries or you are concerned about a friend, **PLEASE EMAIL: tellit@clevepark-**

**Your Safeguarding Team are in School Every day:**

Monday - Mrs Harmer  
 Tuesday - Mrs Lawrence  
 Wednesday - Mr Moloney  
 Thursday - Mrs Rodgers  
 Friday - Mrs Mayzes

# Wellbeing

Now, more than ever, we need to make sure we are using our daily exercise time to go for a walk, run or cycle ride. Even a 10 minute stroll can really help. Don't forget though, you must still practice social distancing! If getting out of the house is tricky, then why not put on some music and dance around your bedroom, join an online class or do some stretching while you are watching TV? Exercise makes you feel good so it is important to think of ways you can still do it. For more ideas about staying active while staying safe check out the link below: <https://www.mind.org.uk/about-us/our-policy-work/sport-physical-activity-and-mental-health/>



**Physical contact** and expressing feelings of love and affection can lower stress levels. Giving yourself a **hug** sends a message to the brain that **'we are safe'** and **'we will be fine'**. By closing your eyes while giving yourself a hug and telling yourself **'it's going to be ok,'** can enable you to feel better and enhance your calm and wellbeing. <https://wellbeinginfo.org/self-help/health/relaxation>

**NEVER ALONE**

- NSPCC: 0808 800 5000 (24hrs)
- National Domestic Abuse Helpline: 0808 2000 247 (24hrs free)
- Mind: 0300 123 3393 (Mon-Fri 9-6)
- Victim Support: 0808 168 9111 (24hrs)
- Cruse Bereavement: 0800 808 1677 (Mon-Fri 9-5)
- ChildLine: 0800 1111 (24hrs)
- Action on Elder Abuse: 0808 808 8141 (Mon-Fri 9-5)
- Respect - Men's Advice Line: 0808 801 0327 (Mon-Fri 9-5 or 8pm)
- Samaritans: 116 123 (24hrs free)
- National Centre for Domestic Violence: 0207 186 8270



This term we say 'Good Luck and Goodbye' to the following staff:

- Ms Walker (English)
- Ms Milbank (Technology)

We are sure you'll join us in wishing them every success for the future

Please also join me in giving a warm welcome to the following staff who join us at Cleeve Park School this term:

- Ms Delia– Savage (Science Technician)
- Ms Flashman (SEN)
- Mr Amechi (SEN)
- Mr Mayell (Photography)
- Mr Smith (Site)

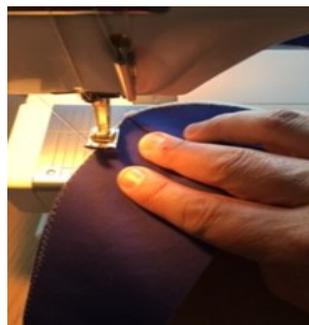


Over the last few weeks, I have been keeping busy and working alongside a team of teachers and support staff from both Cleeve Park and Cleeve Meadow School to produce some PPE (scrubs) for our local NHS frontline workers.

As you can see, there is a lot of design work that goes in to making a set of scrubs. You have to start by printing the pattern, cutting out and then stitching it all together. It takes a lot of time and different making stages.

Since writing this for the newsletter, the team have created 15 pairs of scrubs (and we are still going!)

Ms Hill has also made 25 visors that are all ready to go. to the Bexley District Nurse Team.

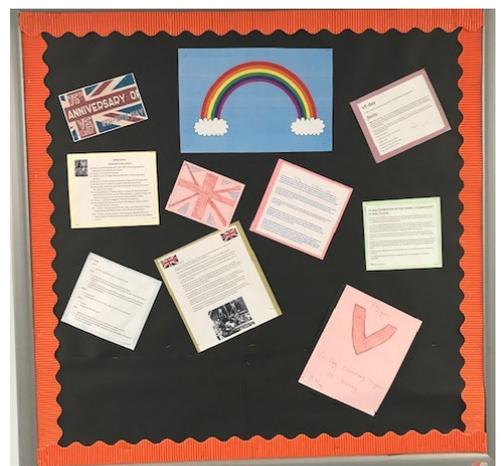


**VE DAY**  
 75<sup>TH</sup> ANNIVERSARY  
 A SHARED MOMENT OF CELEBRATION  
 8 - 10 MAY 2020

VE Day - or 'Victory in Europe Day' - marks the day towards the end of World War Two (WW2) when fighting against Nazi Germany in Europe came to an end on 8 May 1945, Prime Minister Winston Churchill made an announcement on the radio at 3pm that the war in Europe had come to an end, following Germany's surrender the day before.

As this year will be the 75th anniversary, the decision was made to have a bank holiday specially to honour the 75th anniversary of VE Day.

Last week, the some of our students whose parents are key-workers, researched VE Day and created a display from their work.





Hello to you all,

I hope you are all well and safe?

As you are all at the transition stage of your lives I have been uploading a range of different career resources to RULER that may help you with the options you have in front of you. Please take a look at them as there are webinars that you may find both interesting and informative.

Over the next few weeks I will also be uploading various apprenticeship and work experience (virtual and Live) vacancies so keep your eye out for those.

you as soon as I can.

If you would like some advice on your options for September, please email me on [ungera@clevepark-tkat.org](mailto:ungera@clevepark-tkat.org)

Regards, Mrs A Unger

Careers Adviser/KS5  
Pastoral Lead



Apprenticeships are different to traditional study routes and are ideal if you have a clear idea of the career you'd like to pursue and you're willing to commit to work and study.

Unlike in school, at college or on a traditional degree course, the majority of your learning will be through on-the-job training in your place of work.

In essence, an apprenticeship is a job. You'll spend 80% of the working week at your place of employment, and 20% at your place of study.

You'll earn a salary, and your course fees will be covered by your employer and the government. You just need to be willing to manage your time between work and study.

There are many different apprenticeships you can apply for depending on your existing qualifications across a broad range of different industries.

To be considered for an apprenticeship programme in England, you need to be:

- aged 16 or over
- living in England
- not in full-time education

Apprenticeships would suit someone who:

- has a clear idea of the type of career they wish to pursue
- is willing to commit to work and study, but would prefer a more practical and work-

related approach to learning

- is ready to start work with an employer, and be based in the workplace most of the time
- is well organised and able to cope with the competing demands of work and academic study at the same time
- is ready to be assessed through a mix of assignments and written work, including essays, reports, practical exercises, end tests, and exams

No matter what kind of career you want to follow, you need to do your research and find out if you can reach your career goals through an apprenticeship, or if you need/would prefer to study full-time at university or college.

Apprenticeships aren't the 'easy' option. Holding down a full-time job and studying takes commitment and hard work, and it won't be right for everyone. You'll need to prove yourself in the workplace, while getting to grips with studying for a higher level qualification. You'll be expected to achieve academically and at work, managing your time and adjusting to longer hours, with fewer holidays than at school, college, or university. You might have to travel or relocate to find the right opportunity for you.

Use this link to ensure you get the best up-to-date advice and guidance there is:

<https://www.ucas.com/understanding-apprenticeships>