

Dear Parent/Carer

**RE: Cleeve Park PE Kit and Standards**

The benefits of physical exercise are widely recognised both in terms of health and fitness but also in terms of mental health and well being. Physical Education is an expectation of the curriculum in every school throughout the UK and as such we try to offer a broad and balanced offer of sports and physical activities.

As a school we are working hard to raise expectations in lessons and this includes PE so I am writing to you to remind you of the PE kit expectations and policy. We are enthusiastic to get all students engaged and enjoy PE lessons here at Cleeve Park. Students will be required to bring their PE kit in a bag with them, on the day(s) that they have PE, to then get changed into at the start of their PE lessons, in the PE changing rooms. Students will change into their full school uniform again at the end of every lesson.

Please see below a reminder of Cleeve Park PE standards and advice.

**Cleeve Park PE standards**

- Girls and Boys - Cleeve PE T shirt with school logo
- Girls and Boys - Cleeve PE zip sweatshirt/fleece
- Girls and Boys - Cleeve Pe shorts/tracksuit bottoms or Black shorts, black tracksuit bottoms or black leggings (**No short or cycling shorts**)
- Girls and Boys - Sports trainers or astro turf trainers FG studs
- Girls and Boys - hair needs to be tied up during lessons (hair is longer than shoulders)

We appreciate that there may be times when your child is injured or unwell but is still able to attend school. If it is the case that your child is unable to physically participate, they need to bring a letter from you indicating the reasons for not taking part. A letter will be required for every lesson that they are unable to be part of. On these occasions, students are still expected to bring in their kit and get changed. They will not be expected to physically participate, but will be asked to undertake roles such as umpire, scorer or coach. At times we have been asked by students to call home instead of bringing a letter. It is not possible for us to call parents at the start of a lesson and consequently, if a child does not have a kit for any reason, they will be issued with a detention.

If you have any further questions regarding our PE kit policy or extra curricular clubs please contact Mr Crouch via email [ben.crouch@cleevepark-tkat.org](mailto:ben.crouch@cleevepark-tkat.org)

*Please refer to the next page for frequently asked questions.*

**[www.cleevepark-tkat.org](http://www.cleevepark-tkat.org)**

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Headteacher: Mrs Alex O'Donnell  
Company Registration Number: 7348231



## Frequently Asked Questions

### **1. How do I know the kit provided is clean?**

The PE team always ensures the PE kit provided is cleaned after each use in the department washing machine.

### **2. What if my son/daughter is physically unable to do PE?**

As always we require a signed and dated note or email explaining the reason your child is unable to participate in their PE lesson. It is expected that your child brings in their PE kit even if excused from the lesson. The reason for this is that students are expected to play an active learning role (official, coach, teaching assistant) and should continue to be part of the lesson. We also ask students to get changed when not participating to ensure they have a dry uniform to change back into if their group has an outdoor lesson. If a student needs to be excused for an entire term block of activity we will require a medical note and we will design a bespoke plan of action dependent on the medical condition.

### **3. What if my child refuses to wear the clean kit provided?**

If a student refuses to wear the clean kit provided then this is seen as defiance and the student will be sanctioned in accordance with the PE/School Behaviour Policy.

### **4. What if my child loses their PE Kit?**

If a student has lost their PE Kit, it is their responsibility to try and locate as soon as possible e.g. retracing their steps/checking lost property. If they are unable to find it before their next PE lesson, they should bring a note explaining AND a suitable alternative to wear in the lesson. e.g. a plain t-shirt and short/ tracksuit bottoms and trainers/ plimsolls. If an alternative kit is not brought in, kit will be provided as outlined above including a debit and detention.

Yours faithfully

Mr B Crouch  
Head of Physical Education

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