

Tel: 0203 9033380

Email: [Hrch.immunisationteambexleymailbox@nhs.net](mailto:Hrch.immunisationteambexleymailbox@nhs.net)

Date: 22 February 2024

Dear parents and carers,

### **Measles and the MMR vaccine**

Measles cases are currently on the rise in the UK. There is evidence that there are many children and young people who are at risk of becoming extremely ill from this serious disease. The best way to protect your child from measles is to ensure that they have had two doses of the MMR vaccine.

The MMR vaccine provides protection against measles, mumps and rubella, in one combined vaccine. It is normally offered to children when they are one year old, and when they are three years and four months old. However, there are many children and young people in the UK who are missing one or both doses of the MMR vaccine.

For more information about the MMR vaccine, including the contents, you can head to the NHS website by scanning the QR code or following this link: [www.nhs.uk/conditions/vaccinations/mmr-vaccine/](https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/).



Your local School Immunisations Team are currently holding vaccination clinics in your local area, for children and young people who are missing doses of their vaccines. If you would like to book an appointment at one of these clinics, please contact:

- 0203 903 3380
- [Hrch.immunisationteambexleymailbox@nhs.net](mailto:Hrch.immunisationteambexleymailbox@nhs.net)

For more information about your local School Immunisations Team, please visit the HRCH Children's Immunisations webpage:

[www.hrch.nhs.uk/services/search-services/immunisations-children](https://www.hrch.nhs.uk/services/search-services/immunisations-children)

Yours sincerely,

**Bexley Schools Immunisations Team**