

27/03/24

Dear Parent / Carer,

It's been a great term for ACE at Cleeve Park. We've held our first coffee evening and were overwhelmed by the support we received from the students and their parents. Thank you to everyone that attended, we will be holding these evenings regularly so if you missed out on the first one, please keep an eye out for future dates. We also have a beauty/pamper night coming up for our students on the 25th April.

We were recently contacted by St John's Church who with the help of the national lottery, were able to provide us with a number of hygiene products such as toothbrushes, tooth paste, hair brushes, deodorant, body wash, soap plus a lot more. With the cost of living crisis at an all-time high, a number of us are struggling to manage daily costs. If you need any of the above or advice, please do not hesitate to contact the ACE Team who would be happy to help.

As part of our work with Sidcup Partners and St Johns Church, I'm delighted to let you know that you've been invited to the Community Lunch being held at St Johns Church on the 27th April. The very talented Margaret from Nvona restaurant will be cooking. Anyone who has tasted Margaret's food will know you will be going up for seconds. This is a free event, open to the whole family and such a great opportunity to meet new people and become part of our community. The only request being asked is that if you register to say you would like to come, then please turn up and not deny another family from having the opportunity to attend. Spaces are limited so please contact the ACE team if you wish to attend so that we can reserve you a space.

Finally, with Exam season fast approaching just a few tips on how to support your child with their revision:

Please encourage them to do the following:

- * keep fit by taking some exercise they enjoy.
- * relax, perhaps by sitting quietly or meditating.
- * eat well, but healthily.
- * get sufficient sleep.
- * take some planned time away from study, rather than feel you're avoiding revision.
- * be pleased with your achievements as you revise.
- * reward yourself with an occasional treat.

You can contact the ACE Team by email:

Year 7 and 8 - anabel.roach@cleevepark-tkat.org

Year 9 and 10 - jena.priestley@cleevepark-tkat.org

Year 11 - natalie.priestley@cleevepark-tkat.org

Or by calling the school on **020 8302 6418 - ext 279/281 or 289.**

www.cleevepark-tkat.org

Cleeve Park School, Bexley Lane
Sidcup, Kent
DA14 4JN

Tel: 020 8302 6418
Fax: 020 8308 1571
Email: enquiries@cleevepark-tkat.org

Headteacher: Mrs Alex O'Donnell
Company Registration Number: 7348231



Don't forget school finishes on Wednesday this week, have a lovely Easter break and we will see you back in school on the 15th April.

Kind Regards

Natalie Priestley
Ace Mentor
Cleeve Park School

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